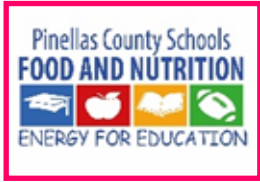


September 2024 HS to K-12 Satellite Lunch Menu



Fun Fact!

Snap Beans

- Snap beans can be green, yellow, purple, speckled, and more
- Green beans have a high level of vitamin K.
- After tomatoes and peppers, green beans are the third most common home-garden vegetable

Lunches Include

A Variety of Seasonal Fruits

Fresh, Cupped, Dried & 100% Juices

And Milk Choice

Low Fat 1% White, Fat Free Chocolate, Fat Free Strawberry

Monday	Tuesday	Wednesday	Thursday	Friday
2  LABOR DAY	3 Beef or Pork Soft Shell Tacos Refried Fiesta Beans Salsa Cup Sliced Cucumbers & Dip Orchard Cupped Fruit Milk Choice	4 Tangerine Chicken w/ Rice & Fortune Cookie Seasoned Broccoli Florets House Mixed Side Salad 100% Fruit Juice Milk Choice	5 Homestyle Breaded Chicken Sandwich Deli Roasted Potato Romaine Side Salad Sun Sweet Dried Fruit Milk Choice	6 Breakfast for Lunch Crispy Tater Tots Baby Carrots & Dip Seasonal Fresh Fruit Milk Choice
9 Grilled Cheese Grilled Ham & Cheese Spiced Carrot Coins Farmstand Veggie Cup Seasonal Fresh Fruit Milk Choice	10 Meat Lovers Stromboli Zesty Green Beans Marinara Sauce Cup Sliced Cucumbers & Dip Orchard Cupped Fruit Milk Choice	11 Popcorn Chicken Bowl Sweet Corn Niblets House Mixed Side Salad 100% Fruit Juice Milk Choice	12 Big Daddy Cheese or Pepperoni Pizza Seasoned Broccoli Florets Romaine Side Salad Sun Sweet Dried Fruit Milk Choice	13 Hamburger on a Bun Cheeseburger on a Bun Country Baked Beans Baby Carrots & Dip Seasonal Fresh Fruit Milk Choice
16 Breaded Chicken Tenders & Mini Waffles Sweet Corn Niblets Farmstand Veggie Cup Seasonal Fresh Fruit Milk Choice	17 Mozzarella Cheese Filled Max Sticks Santa Fe Black Beans Marinara Sauce Cup Sliced Cucumbers & Dip Orchard Cupped Fruit Milk Choice	18 Teriyaki Beef Dippers Rice & Fortune Cookie Peas & Carrots Blend House Mixed Side Salad 100% Fruit Juice Milk Choice	19 Big Daddy Cheese or Pepperoni Pizza Zesty Green Beans Romaine Side Salad Sun Sweet Dried Fruit Milk Choice	20 Chicken Penne Alfredo w/ Garlic Bread Seasoned Broccoli Florets Baby Carrots & Dip Seasonal Fresh Fruit Milk Choice
23  No School Teacher Work Day	24 Beef or Pork Soft Shell Tacos Refried Fiesta Beans Salsa Cup Sliced Cucumbers & Dip Orchard Cupped Fruit Milk Choice	25 Tangerine Chicken w/ Rice & Fortune Cookie Seasoned Broccoli Florets House Mixed Side Salad 100% Fruit Juice Milk Choice	26 Homestyle Breaded Chicken Sandwich Deli Roasted Potato Romaine Side Salad Sun Sweet Dried Fruit Milk Choice	27 Breakfast for Lunch Crispy Tater Tots Baby Carrots & Dip Seasonal Fresh Fruit Milk Choice
30 Grilled Cheese Grilled Ham & Cheese Spiced Carrot Coins Farmstand Veggie Cup Seasonal Fresh Fruit Milk Choice				<div style="border: 1px dashed orange; padding: 5px;"> <p>Menus are subject to change!</p> <p>We do our best to provide our customers with all of our planned options, however occasionally weather, crops, and supplies have other ideas!</p> </div>

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.