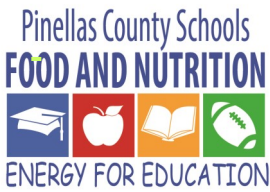



HS to K-12 Hot Lunch Menu

October

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Pinellas County Schools FOOD AND NUTRITION ENERGY FOR EDUCATION</p>	<p><i>All menus are subject to change! We do our best to provide our customers with all of our planned options; however, occasionally issues beyond our control do not allow it.</i></p>	 <p>pcs PINELLAS COUNTY SCHOOLS</p>	<p>1</p> <p>Chicken Sandwich Sweet Potato Fries Broccoli Florets w/ Dip Fresh Fruit Choice of Milk</p>	<p>2</p> <p>Cheese Sticks & Toasted Ravioli Boat Marinara Sauce Cup Curly Seasoned Fries Carrot & Celery Cup Cupped Fruit & 100% Fruit Juice</p>
<p>5</p> <p>Hamburger <i>or</i> Cheeseburger Steamed Broccoli Fresh Baby Carrots & Dip Cup Cupped Fruit Choice of Milk</p>	<p>6</p> <p>Beef, Pork <i>or</i> Chicken Tacos Refried Fiesta Beans Salsa Cup Celery & Grape Tomatoes w/ Dip Fresh Fruit Choice of Milk</p>	<p>7</p> <p>Chicken Nuggets <i>or</i> Chicken Tenders Corn Niblets Sliced Cucumbers 100% Fruit Juice Choice of Milk</p>	<p>8</p> <p>Max Cheese Sticks <i>OR</i> Max Snax Cheese Quesadillas Marinara Sauce Cup Crispy Fries Broccoli Florets w/ Dip Fresh Fruit Choice of Milk</p>	<p>9</p> <p>Italiano School Choice Entree Marinara Sauce Cup Green Beans Carrot & Celery Cup Cupped Fruit Choice of Milk</p>
<p>12</p> <p>Popcorn Chicken & Waffle Country Baked Beans Fresh Baby Carrots & Dip Cup Cupped Fruit Choice of Milk</p>	<p>13</p> <p>Loaded BBQ Pork & Cheese Nachos Salsa Cup Corn Niblets Celery & Grape Tomatoes w/ Dip Fresh Fruit Choice of Milk</p>	<p>14</p> <p>Teriyaki Beef Dippers <i>with</i> Rice & Roll Steamed Broccoli Sliced Cucumbers 100% Fruit Juice Choice of Milk</p>	<p>15</p> <p>Chicken Sandwich Sweet Potato Fries Broccoli Florets w/ Dip Fresh Fruit Choice of Milk</p>	<p>16</p> <p>Cheese Sticks & Toasted Ravioli Boat Marinara Sauce Cup Curly Seasoned Fries Carrot & Celery Cup Cupped Fruit & 100% Fruit Juice Choice of Milk</p>
<p>19</p> <p>Hamburger <i>or</i> Cheeseburger Steamed Broccoli Fresh Baby Carrots & Dip Cup Cupped Fruit Choice of Milk</p>	<p>20</p> <p>Beef, Pork <i>or</i> Chicken Tacos Refried Fiesta Beans Salsa Cup Celery & Grape Tomatoes w/ Dip Fresh Fruit Choice of Milk</p>	<p>21</p> <p>Chicken Nuggets <i>or</i> Chicken Tenders Corn Niblets Sliced Cucumbers 100% Fruit Juice Choice of Milk</p>	<p>22</p> <p>Max Cheese Sticks <i>OR</i> Max Snax Cheese Quesadillas Marinara Sauce Cup Crispy Fries Broccoli Florets w/ Dip Fresh Fruit Choice of Milk</p>	<p>23</p> <p>Italiano School Choice Entree Marinara Sauce Cup Green Beans Carrot & Celery Cup Cupped Fruit Choice of Milk</p>
<p>26</p> <p><i>No School For Students</i></p>	<p>27</p> <p>Loaded BBQ Pork & Cheese Nachos Salsa Cup Corn Niblets Celery & Grape Tomatoes w/ Dip Fresh Fruit Choice of Milk</p>	<p>28</p> <p>Teriyaki Beef Dippers <i>with</i> Rice & Roll Steamed Broccoli Sliced Cucumbers 100% Fruit Juice Choice of Milk</p>	<p>29</p> <p>Chicken Sandwich Sweet Potato Fries Broccoli Florets w/ Dip Fresh Fruit Choice of Milk</p>	<p>30</p> <p>Cheese Sticks & Toasted Ravioli Boat Marinara Sauce Cup Curly Seasoned Fries Carrot & Celery Cup Cupped Fruit & 100% Fruit Juice Choice of Milk</p>

In accordance with Federal Law and US Department of Agriculture policy, Pinellas County School Food Service is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. (Not all prohibited bases apply to all programs). To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Av. SW, Washington D.C. 20250-9410; or email: program.intake@usda.gov. This institution is an equal opportunity provider/employer.