

September

HS—K-12 Satellite Hot Lunch Menu

Fun Fact!





Francis Scott Key wrote "The Star Spangled Banner" on September 14, 1814



Lunch Meals include canned or fresh fruit, or 100% fruit juice; & your choice of milk: skim, low fat, or fat free chocolate.



All menus are subject to change! We do our best to provide our customers with all of our planned options; however, sometimes crops, weather & availability have other ideas!

Mon	Tue	Wed	Thu	Fri
 <p>HARVEST MONTH</p>	 <p>Florida Avocado</p>	<div style="border: 1px solid black; padding: 5px;"> <p>Visit nutrislice.com for Menu & Nutrition Information. You can also download the app on your mobile device!</p>  </div>	 <p>Johnny Appleseed Born September 26, 1774</p>	
<p>4</p> <p>Chicken Sandwich Green Beans Fresh Veggie Dippers Canned Fruit</p>	<p>5</p> <p>Chicken Drumstick & Hush Puppies Baked Beans Romaine Salad Fresh Fruit</p>	<p>6</p> <p>Chicken Nuggets Sweet Potato Waffle Fries OR Glazed Sweet Potatoes Sliced Cucumbers w/ Dip 100% Fruit Juice</p>	<p>7</p> <p>Chicken & Waffle Corn Leafy Green Salad Canned Fruit</p>	<p>8</p> <p>Chicken-Broccoli Alfredo Broccoli Carrots w/ Dip Fresh Fruit</p>
<p>11</p> <p>Hamburger or Cheeseburger Tater Tots Fresh Veggie Dippers Canned Fruit</p>	<p>12</p> <p>Pepperoni Stromboli Marinara Cup Mixed Vegetable Blend Romaine Salad Fresh Fruit</p>	<p>13</p> <p>Chicken Nuggets Carrots Sliced Cucumbers w/ Dip 100% Fruit Juice</p>	<p>14</p> <p>Beef or Pork Tacos Refried Fiesta Beans Leafy Green Salad Canned Fruit</p>	<p>15</p> <p>Max Sticks Marinara Cup ~ Spinach Or Collard Greens Coleslaw Fresh Fruit</p>
<p>18</p> <p>Rib-B-Q Sandwich Deli Roasted Potatoes Fresh Veggie Dippers Canned Fruit</p>	<p>19</p> <p>Corn Dog Baked Beans Romaine Salad Fresh Fruit</p>	<p>20</p> <p>Roasted Chicken & Roll Mashed Potatoes & Gravy Sliced Cucumbers w/ Dip 100% Fruit Juice</p>	<p>21</p> <p>Pizza Crunchers Carrots Leafy Green Salad Canned Fruit</p>	<p>22</p> <p>Chicken-Broccoli Alfredo Broccoli Carrots w/ Dip Fresh Fruit</p>
<p>25</p> <p>Chicken Sandwich Green Beans Fresh Veggie Dippers Canned Fruit</p>	<p>26</p> <p>Chicken Drumstick & Hush Puppies Baked Beans Romaine Salad Fresh Fruit</p>	<p>27</p> <p>Chicken Nuggets Sweet Potato Waffle Fries OR Glazed Sweet Potatoes Sliced Cucumbers w/ Dip 100% Fruit Juice</p>	<p>28</p> <p>Chicken & Waffle Corn Leafy Green Salad Canned Fruit</p>	<p>29</p> <p>Teriyaki Beef Dippers w/ Rice & Roll Broccoli Carrots w/ Dip Fresh Fruit</p>